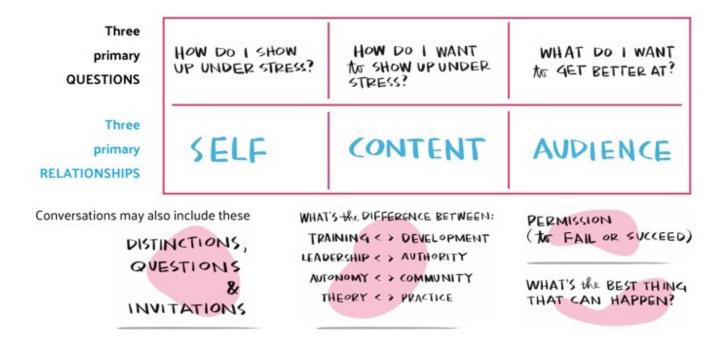


6 BOX MODEL

The foundational methodology of Connection Lab is rooted in the Six Box Model: three primary questions that we use as lenses to observe the three primary relationships. The 6-Box Model is an effective deconstruction of the nature of communication and an awareness of how each of us shows up uniquely under the stress of our realities and how it may impact our communication.

This framework is embedded in all of the Connection Lab modules. As we explore the principles and practices of effective communication, the 6-Box model offers an opportunity to see how we show up under stress, decide if that's how we want to and practices new competencies that will close the gap. Along with improved communication, participants create a shared language and culture around their communication, presentation and leadership development.



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